

WATERBEACH PARISH COUNCIL

GRANT APPLICATION FORM

Please read the guidelines before completing this form. Please use black ink and block capitals. You may continue on a blank sheet if necessary, but please put the name of your organisation on any additional sheets.

A. Your organisation

Please give us the following information about your organisation:

Name of Organisation: Relate Cambridge.....

Address: ...3, Brooklands Avenue, Cambridge Post Code: ...CB2 8BB

Description of your organisation's activities. Please list your aims and objectives.

What we do:

Relate's vision is to develop and support healthy relationships by helping couples families children and individuals to make relationships work better.

Poor quality relationships have a detrimental impact on both physical and mental health and lead to poor outcomes in life. Through our counselling support we aim to improve lives, save marriages and relationships and ensure the future happiness of children.

Families in crisis, relationships breaking down, couples unable to cope with life's pressures, young people at the end of their tether and ready to do something desperate , are all things we deal with on a daily basis. We support relationships by helping people discuss their feelings, attitudes and expectations, and offering assistance and help in solving problems .We offer skills and strategies which help people make appropriate choices and support them going forward.

Relationships are under increasing pressure and here at Relate we know we can save marriages, improve relationships or make a separation more amicable.

The statistics are worrying:

42% of marriages end in divorce.

4 out of 10 cohabiting couples will have separated by their 10th anniversary

100,000 children under the age of 16 witness domestic violence every year. Alarmingly, 70% of children and young people who experience a mental health problem have not had appropriate interventions at a sufficiently early age.

B. Contact Details

Name of contact:Claire Godward.....

Position:Centre Director.....

Address for correspondence (if different from above):
.....

Tel:.....01303 347710-.....(daytime)(mobile)

Email:director@relatecambridge.org.uk.....

C. Your Application

a) Brief description of project or scheme for which grant is intended

Our counselling is open to everyone in need of emotional support due to a relationship or family issue. We also offer counselling to families, children (5 years and up) and young people. We saw 24 people last year from Waterbeach who presented with many issues including mental illness, domestic abuse, and debt and communication problems.

b) Who will benefit from the proposed project or scheme and how many of these are Cam residents?

All our clients are Cambs residents. We delivered over 6,000 sessions last year.

c) Total cost of project or scheme: This is for core funding for the ongoing running costs of the Charity

d) How much are you applying for? **£500 please**

Please give an itemised breakdown of the expenditure for which this money which is being applied for. Please include evidence (e.g.. suppliers' estimates or price lists) of the likely cost of all items of expenditure where possible.

ITEM	COST £
Counselling services- £55 per session- 91 sessions	5005
Less average donation £40	3600
TOTAL shortfall	1,405

d) Have you made any grant application to any other body for grant aid for this project? Yes/No. If yes please give details:

We apply to many Parish and Town Councils in Cambs for support for the people local to the Parish. We obtain nothing from the City Council or County Council or that might assist specifically the people of Waterbeach in particular.

Name of organisation applied to	Amount applied for	Date of Application	Amount Received
See above			

If you have received any other sources of funding in the past year, not specified above, please give details

We have a Children in Need grant and can offer local children free counselling as a result.

D. Previous Applications

Has your organisation previously applied for a grant from this Parish Council? If YES, please give details of the project and the date and amount of grant received if any. Was the project as described completed?

Yes last year we obtained £500. We used this towards our overheads and it was much appreciated. A further grant would help us make ends meet as we face a year showing a deficit. A report on last year's activities in Waterbeach is attached. You will see the activity increased. Our Annual report is also attached. showing our overall performance.

E. Additional Information

Are there any other comments you wish to make to support this application? Please give this information below, or attach a separate sheet:

The support we receive from Parish Councils makes all the difference to us. Although usually modest sums, together they add up and help us tremendously. We are facing a year with a small deficit as things become more expensive and the pressures on people to contribute donations to cover the costs increases. We are seeing debt more often as a cause for conflict in relationships

F. Your Financial Situation

All applications must be accompanied by the following financial information: **If you do not supply this information your application will not be considered unless previously agreed in writing by the Council.**

- A copy of your latest approved statement of income and expenditure or other financial report which indicates your financial position, or
- Photocopy of bank statements covering the past six months
- A statement of your capital assets, if any

If you are unable to supply this information, please contact the Parish Council for advice before submitting this application

Signed... *Godward*

Date: 28/02/18

Please return to Shelley Mason, Parish Clerk, Waterbeach Parish Council, The Old Pavilion, Cambridge Road, Waterbeach, Cambridge, CB25 9NJ

If you have any queries, please contact the Parish Clerk on 01223 441338 or email council@waterbeach.org.uk

Waterbeach statistics (data below taken from 1st April, 2017 to 28th February, 2018)

<u>Waterbeach residents: appointment data</u>	
Number of appointments delivered	91
Number of cases seen	14
Number of clients seen	24
Average client donation	£40.05

<u>Most common presenting issues for Waterbeach residents</u>	
Presenting issue	No. of cases with presenting issue
Communication problems	8
Separation/ Divorce	4
Young Children	3
Sexual Problems	3
Family Conflict	2
Past Relationship	2
Housing Issues	2
Trust	2
Anger Management	1
Financial Problems	1
Adolescent Children	1
Difficulty Forming Relationships	1
Mental Illness	1
Bereavement	1
Work Issues	1
Cross Cultural Issues	1
Self Esteem	1

Client Feedback

"Amazing I wouldn't have got through my relationship breakdown without them can't recommend the service highly enough."

"Relate helped me to explore complex relationship problems in a safe, anonymous, helpful environment. For me it has been a very useful learning exercise which I am using to improve those relationships."

"Talking to skilled Relate counsellors was the right thing for us and our marriage is stronger than ever."

"It was a big step for us to undertake counselling, but one without which we would not have worked out our problems. It was an essential step on our road to finding a new way forward. We now feel confident that we will make it together and are very grateful to our superb counsellor."

