

Waterbeach Parish Council

From: Claire Nunes <director@relatecambridge.org.uk>
Sent: 30 March 2016 12:39
To: council@waterbeach.org.uk
Subject: Grant application
Attachments: Accounts.pdf; Grants Application Form complete.docx; 14-15.pdf

Dear Liz

I hope you are well.

Last year the Parish council kindly awarded us a small grant, and I was hoping we might apply again.

I therefore attach:

- Application form
- Annual report
- The last audited accounts

I hope this is sufficient but if not do please let me know.

Please have a look at our new film supporting our children's services: <http://bit.ly/1NZp4PV> It is only 3 minutes long.

I would be grateful if the attached could be presented to the Council at the next appropriate meeting.

With kind regards

Claire

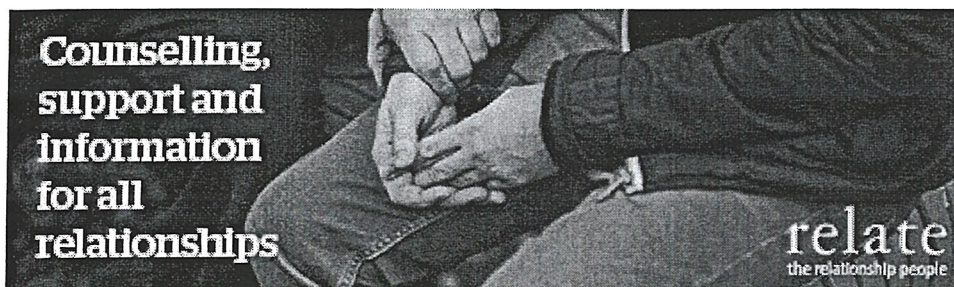
relatecambridge
the relationship people

Claire Nunes
Centre Director

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REPORT ON FUNDING 2015-16

Waterbeach Parish Council

The funding we received this year helped us to subsidise counselling sessions for the residents of Waterbeach. We are seeing an increasing need for our services, and are particularly concerned by the impact that relationship breakdown has on children. We are now also offering counselling to children from 5 years and up.

We have a new film promoting these services. Please have a look. It is 3 minutes long.

<http://bit.ly/1NZp4PV>

We delivered the following sessions:

Period: 1st April 2015 – 31st March 2016

Waterbeach: 9 cases, 16 sessions, 17 people seen

The presenting problems were:

Communication problems: **5**

Anger Management: **1**

Step family issues: **1**

Sexual problems: **3**

Affair: **2**

Trust: **1**

Young children: **2**

Adolescent children: **1**

Child behaviour: **1**

Separation/divorce: **1**

Past sexual abuse: **1**

Domestic Violence: **1**

Mental illness: **3**

We delivered a further 36 sessions to residents of Milton and Landbeach.

The grant really made a difference to us and was greatly appreciated.

Claire Nunes

Centre Director

22/04/16

WATERBEACH PARISH COUNCIL

GRANT APPLICATION FORM

Please read the guidelines before completing this form. Please use black ink and block capitals. You may continue on a blank sheet if necessary, but please put the name of your organisation on any additional sheets.

A. Your organisation

Please give us the following information about your organisation:

Name of Organisation: Relate Cambridge.....

Address: ...3, Brooklands Avenue, Cambridge Post Code: ...CB2 8BB

Description of your organisation's activities. Please list your aims and objectives.

Relate is all about relationships and relationships impact on every aspect of people's lives. They are fundamental to people's wellbeing and sense of self. Not limited to romantic or couple relationships, **Relate**, doesn't just save marriages: it supports every stage of relationships whether that's

- finding love and dating,
- building a couple relationship,
- improving sex life,
- starting a family or facing parenting problems,
- divorcing or separating,
- building a second family
- or coping with retirement.

Today relationships are under increasing pressure. 42% of marriages end in divorce, and 4 out of 10 cohabiting couples will separate by their 10th anniversary. Three hundred thousand families will separate each year.

Good quality relationships are the basis of a thriving society and the cornerstone of good economic and social recovery and prosperity. It doesn't take much to see the importance of relationships, whether couple, family or social. Poor relationship quality is associated with wide range of negative outcomes – for adults and children. It's been shown to lead to poor physical and mental health; poorer employment outcomes and higher levels of negative health behaviours such as smoking and substance abuse. Couple, family and social relationship counselling can act as a shock-absorber; it sees people through good times and bad and provides support that helps people in times of need.

How long has your organisation been in existence?Since 1945.....

B. Contact Details

Name of contact:Claire Nunes.....

Position:Centre Director.....

Address for correspondence (if different from above):
.....

Tel:.....01303 347710-.....(daytime)(mobile)

Email:director@relatecambridge.org.uk.....

C. Your Application

a) Brief description of project or scheme for which grant is intended

We offer counselling for anyone in need of emotional support due to a relationship or family issue. We also offer counselling to families, children and young people. Many who access our services can't afford to pay, especially those families in greatest need. We would request a small contribution towards our overheads, to enable us to support those people who live in and around Waterbeach. We saw 15 people last year from Waterbeach who presented with many issues including mental illness, domestic violence and communication problems. The full cost to the charity per session is £55. Whilst we ask clients to donate towards their sessions there is always a shortfall. Some people can't afford to pay anything. We are seeing an increasing number of young children (5 years and up) who's happiness and wellbeing is being severely impacted by their parents relationship breakdown. Unless they receive our early on help this will inevitably lead to longer term problems. Please take a moment to watch our film around our new children's services. It is only 3 minutes long. <http://bit.ly/1NZp4PV>

Around a quarter of the 12 million children in the UK have experienced parental separation during their childhood. That's 3 million. A small grant would make all the difference to us, our clients and would help to sustain us for the future.

b) Who will benefit from the proposed project or scheme and how many of these are Cam residents?

All our clients are Cambs residents. We delivered 5,644 sessions last year. We saw 18 people from Waterbeach.

c) Total cost of project or scheme: This is for core funding for the ongoing running costs of the Charity

d) How much are you applying for? **£200 please**

Please give an itemised breakdown of the expenditure for which this money which is being applied for. Please include evidence (e.g., suppliers' estimates or price lists) of the likely cost of all items of expenditure where possible.

ITEM	COST £
Counselling services- £55 per session- 30 sessions	1,650
TOTAL	1.650

d) Have you made any grant application to any other body for grant aid for this project? Yes/No. If yes please give details:

We apply to many parish councils in Cambs for support for the people local to the Parish. We obtain small sums from some Town councils too, but nothing from the City Council or County council or that might assist this area in particular.

Name of organisation applied to	Amount applied for	Date of Application	Amount Received

If you have received any other sources of funding in the past year, not specified above, please give details

D. Previous Applications

Has your organisation previously applied for a grant from this Parish Council? If YES, please give details of the project and the date and amount of grant received if any. Was the project as described completed?

Yes last year we obtained £150. We used this towards our overheads and was much appreciated

E. Additional Information

Are there any other comments you wish to make to support this application? Please give this information below, or attach a separate sheet:

They support we receive from Parish councils makes all the difference to us. Although usually modest sums, together they add up and help us tremendously. We are re-building the reserves we used up when all our main funding was withdrawn a few years ago.

F. Your Financial Situation

All applications must be accompanied by the following financial information: **If you do not supply this information your application will not be considered unless previously agreed in writing by the Council.**

- A copy of your latest approved statement of income and expenditure or other financial report which indicates your financial position, or
- Photocopy of bank statements covering the past six months
- A statement of your capital assets, if any

If you are unable to supply this information, please contact the Parish Council for advice before submitting this application



Signed:...

Date: 31/03/16

Please return to Liz Jones, Parish Clerk, Waterbeach Parish Council, The Old Pavilion, Cambridge Road, Waterbeach, Cambridge, CB25 9NJ

If you have any queries, please contact the Parish Clerk on 01223 441338 or email council@waterbeach.org.uk